Promoted for and behalf Cycling Time Trials, under their rules and regulations.

ALFORD WHEELERS

25 Mile Hilly Time Trial Sunday 25th March 2018

Official Start Sheet

First rider off at 09:01am

Event secretary: David Allen (07500 057 560)

Timekeeper: Steve Walker

Event Headquarters

Skendleby Village Hall, Skendleby, Lincs. PE23 4QE Parking available in Church field opposite headquarters.

Please try to avoid parking on roadside where possible to minimise disruption.

Numbers and signing on will be available in the headquarters.

In the valued interest of YOUR and other road users safety please read and take note of the following important message from the organiser:

- Cycling Time Trials and the event promoters strongly advise that you wear a HARD SHELL
 HELMET that meets an internationally accepted safety standard. In accordance with
 Regulation 15, ALL Junior competitors MUST wear protective hard shell helmets.
- It is recommended that a working rear light, either flashing or constant, is fitted in a position visible to following road users and is active while racing and riding to and from the course.
- NO WARMING UP ON THE COURSE, NO U-TURNS ON THE COURSE whatsoever. Once you
 have finished UNDER NO CIRCUMSTANCES SHOULD YOU RE-ENTER THE COURSE. Time
 keepers have been asked to take numbers of any rider not abiding by these rules.
- Caution should be taken on the FAST DOWNHILL SECTION IMMEDIATELY BEFORE THE FINISH.
- The finish line is approximately **200 YARDS FROM A BUSY ROUNDABOUT**, keep you head up.
- The road surface is poor on some sections of the course so please take extra care.

<u> Prizes</u> -	One rider one prize	
Overall		Vets Standard.
1 st - £40		1 st - £20
2 nd - £35		2 nd - £15
$3^{rd} - £25$		3 rd - £10
4 th - £20		1 st Junior - £10
5 th - £15		1 st Lady - £10

Directions to the start

From the headquarters, head past the Blacksmiths Arms pub through Skendleby (approx. 250yds) to turn left at War Memorial onto Stone Pit Lane. Continue up hill to end of lane. Start is in Junction with A1028 heading towards Louth. Once finished riders should not re enter the course under any circumstances.

Course Description

C25/10

Start at junction of stone pit lane at top of second hill from Gunby roundabout on A1028. Proceed along A1028 past Ulceby Village, to Ulceby Cross roundabout (3.6 miles). Take second exit to Louth A19. Proceed through Swaby and Burwell to Kenwick roundabout at start of Louth bypass (12.8 miles). Turn and retrace course back to the finish (0.7 miles short of starting point).